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THE SEAFOOD & GOURMET SPECIALISTS



YELLOWTAIL SNAPPER

OCYURUS CHRYSURUS



DESCRIPTION:

Yellowtail Snappers have an oval body, yellow tail and a distinct yellow line down its side that runs the length of its body from eye to tail. This common Snapper schools in small groups in reefs around the Western Atlantic. Yellowtail Snappers feed on invertebrates such as crabs, shrimp and worms.

EATING QUALITIES:

Yellowtail Snappers are prized for their light, flaky meat and considered by some to be the best of the Snapper family.

FISHING METHODS AND REGULATIONS:

These nocturnal predators are caught by hook and line off the coast of Florida. Most fishermen lure Yellowtail Snappers to their boats by using oatmeal soaked in fish blood and bait. Then they harvest them by hook and line, one by one.

SOLD AS:

Whole, fillets

NUTRITIONAL INFORMATION

Per 3.5 ounce portion:

Calories	99
Fat Calories	12
Total Fat	1.8 g
Saturated Fat	0.3 g
Protein	20 g
Sodium	60 mg
Cholesterol	37 mg
Omega-3	315 mg

COOKING METHODS

Broil
Bake
Grill
Poach
Steam
Sauté

HANDLING

Whole fish should be packed in flaked ice. Whole fish and fillets should be stored in a drain pan in the coldest part of the walk-in. Fillets should also be covered in ice although with a barrier, so the ice never touches the flesh.

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